

## Mount Airy Learning Tree presents

## Grief, Bereavement and the Mystery of Life & Death: A Healing Journey Workshop

## with

## Simcha Raphael, Ph.D.

Death and loss are central to human life. We can't control or escape that inexorable reality, but we can choose how we respond to grief and loss. If we can face such pain with an open heart, we can transform mourning into meaning and longing into legacy. In this experientially-oriented workshop we will explore the multi-fold nature of grief and bereavement. Through discussion, interpersonal sharing, reflection, meditation, and group processes, we will embark on a journey of healing of grief and loss. Both those in mourning and those working with the dying and bereaved are welcome to attend.

Simcha Raphael, Ph.D. is a bereavement counselor and transpersonal psychotherapist affiliated with Mt. Airy Counseling Center and the Religion Department of Temple University. His website is <a href="https://www.daatinstitute.net">www.daatinstitute.net</a>

Sunday June 2, 2013 1:00-5:00 PM For information 215.432.1211 For registration 215.843.6333 or mtairylearningtree.org